|  |
| --- |
| **MY GOALS FOR THE YEAR** |
|  |  |  |  |  |  |  |  |  |  |  |
|  | ***My theme for the year is…*** |  |  |  | ***My focus for this year is…*** |  |  |  | ***My main goal this year is…*** |  |
|  |  |  |
|  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  | **Habits to Build** |  |  |  | **Habits to Break** |  |
|  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |
| FOCUSED CATEGORIES |
|  |  |  |  |  |  |  |  |  |  |  |
|  | **PERSONAL GROWTH** |  |  |  | **HEALTH & WELLNESS** |  |  |  | **CAREER & LEARNING** |  |
|  |  |  |
|  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  | **RELATIONSHIPS** |  |  |  | **FINANCIAL** |  |  |  | **SPIRITUAL/MENTAL** |  |
|  |  |  |
|  |  |  |
| [source: www.neworchards.com](https://www.neworchards.com/) |