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| ***My Vision for the Year*** | | | | | | | | | | | |
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|  | **My theme for the year is…** |  |  |  | **My focus for this year** |  |  |  | **My main goal this year is…** |  |
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|  | **Habits to build** | | | | |  |  |  | **Habits to break** |  |
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| ***My Target Goals*** | | | | | | | | | | |
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|  | **Personal Growth** |  |  |  | **Health & Wellness** |  |  |  | **Career & Learning** |  |
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|  | **Relationships** |  |  |  | **Financial** |  |  |  | **Spiritual/Mental** |  |
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| [source: www.neworchards.com](https://www.neworchards.com/) | | | | | | | | | | | |