|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Goal Setting Planner | | | | |
|  |  |  |  |  |
| My theme for the year is… |  | My main focus this year… |  | **MY BUCKETLIST** |
|  |  |  |
|  |  |  |  |
| HABITS I WANT TO **BUILD** |  | HABITS I WANT TO **BREAK** |  |
|  |  |  |  |
|  |  |  |  |  |
| My Target Goals this Year | | | | |
|  |  |  |  |  |
| Personal Growth |  | Health & Wellness |  | Career & Learning |
|  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| Relationships |  | Financial |  | Spiritual/Mental |
|  |  |  |
| source: [www.neworchards.com](https://www.neworchards.com) | | | | |