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| Goal Setting Planner |
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| My theme for the year is… |  | My main focus this year… |  | **MY BUCKETLIST** |
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|  |  |  |  |
| HABITS I WANT TO **BUILD** |  | HABITS I WANT TO **BREAK** |  |
|  |  |  |  |
|  |  |  |  |  |
| My Target Goals this Year |
|  |  |  |  |  |
| Personal Growth |  | Health & Wellness |  | Career & Learning |
|  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
| Relationships |  | Financial |  | Spiritual/Mental |
|  |  |  |
| source: [www.neworchards.com](https://www.neworchards.com) |