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| 7-Day Productivity Challenge |
|  |  |  |  |  |  |  |
|  1 |  2 |  3 |  4  |  5 |  6 |  7 |
|  |
| Day | Task/Activity | Time Spent | Notes |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
| 6 |  |  |  |
| 7 |  |  |  |
| [source: www.neworchards.com](https://www.neworchards.com) |