|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 7-Day Productivity Challenge | | | | | | |
|  |  |  |  |  |  |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  | | | | | | |
| Day | Task/Activity | | Time Spent | Notes | | |
| 1 |  | |  |  | | |
| 2 |  | |  |  | | |
| 3 |  | |  |  | | |
| 4 |  | |  |  | | |
| 5 |  | |  |  | | |
| 6 |  | |  |  | | |
| 7 |  | |  |  | | |
| [source: www.neworchards.com](https://www.neworchards.com) | | | | | | |