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| --- | --- | --- | --- | --- | --- | --- |
| 7-Day Productivity Challenge | | | | | | |
|  |  |  |  |  |  |  |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
|  | | | | | | |
| **Day** | **Task/Activity** | | **Time Spent** | **Notes** | | |
| 1 |  | |  |  | | |
| 2 |  | |  |  | | |
| 3 |  | |  |  | | |
| 4 |  | |  |  | | |
| 5 |  | |  |  | | |
| 6 |  | |  |  | | |
| 7 |  | |  |  | | |
| [source: www.neworchards.com](https://www.neworchards.com) | | | | | | |