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| 7-Day Productivity Challenge |
|  |  |  |  |  |  |  |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** |
|  |
| **Day** | **Task/Activity** | **Time Spent** | **Notes** |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
| 6 |  |  |  |
| 7 |  |  |  |
| [source: www.neworchards.com](https://www.neworchards.com) |