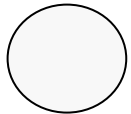
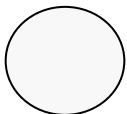


7-Day Challenge Template

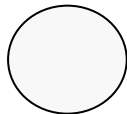
The Challenge



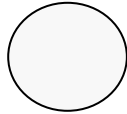
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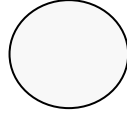
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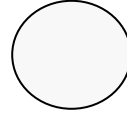
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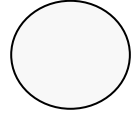
4



5



6



7

DAY	ACTIVITY	NOTES
DAY 1		
DAY 2		
DAY 3		
DAY 4		
DAY 5		
DAY 6		
DAY 7		